



## ROTARY CLUB OF CARSON-GARDENA-DOMINGUEZ

@ Millender-McDonald Community Center  
3 Civic Plaza Drive  
Carson, CA 90745

Phone: (310) 816-8810 Fax: (310) 816-1721

Club Number: 736 Chartered: August 16, 1947

LA RUEDA is published weekly by the Rotary Club of Carson-Gardena-Dominguez, 3 Civic Plaza Drive, Carson, CA 90745.



# LA RUEDA

Noon Luncheon Meeting @ Millender-McDonald Community Center

24 June 2009, Issue 3202

### CLUB OFFICERS

DAN MEDINA .....President  
WALTER NEIL .....President Elect  
OJ PANDEY ..... Immediate Past President  
SCOTT SIMMS .....Treasurer

### CLUB DIRECTORS

CHET CRAFT – Club Service  
CARA RICE – Community Service & Webmaster  
LARRY YBARRA – International Service  
OJ PANDEY – Vocational Service  
TOM WILLOUGHBY – Youth Service  
BRANDON CARILLO – Foundation Chair  
KRISTY BROWNS – Literacy Chair  
GLENN MITCHELL, SHERI REPP– Membership Co-Chairs  
NEL STINGLEY – Program Chair  
MIRIAM GRIER – Social Events Chair  
TOM HUSTON & WALTER NEIL – Sergeant at Arms  
CHRIS MARK - Secretary & La Rueda Editor

### DISTRICT 5280 GOVERNOR CHUCK ANDERSON



### ROTARY INTERNATIONAL PRESIDENT D.K. LEE



### THE FOUR WAY TEST

Is it the **TRUTH**?  
Is it **FAIR** to all concerned?  
Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?  
Will it be **BENEFICIAL** to all concerned?



### ANNOUNCEMENTS

We're having a party! Don't forget to join us this Sunday for President Dan's **Demotion Party**. Sit down for a great dinner at 22<sup>nd</sup> Street Landing Seafood Grill and enjoy an evening unbeatable fellowship. Singer/songwriter Harold Payne will be providing some fabulous entertainment for us. We'll toast President Dan for a job well done and welcome in the new leadership team. Festivities begin at 6:30 p.m. Please RSVP to Mirian Grier at 310.549.0780 or [civictrav@aol.com](mailto:civictrav@aol.com).

Next week is the start of a new Rotary Year with President Walter Neil at the helm. Please join us in kicking off another year of Rotary adventure. We have lots of projects that require your attention and support, and your regular attendance is essential to the strength and activities of this club. Remember, "The Future of Rotary is in Your Hands"!

California State University, Dominguez Hills and The Home Depot Center Charitable Foundation have teamed up to present the inaugural "Music, Movies and More Symposium" on June 26<sup>th</sup>. The unique program will feature three afternoon sessions with professionals from the entertainment industry, including Grammy-award winning audio engineer, studio designer, author and CSUDH Alumni Dave Hampton, DJ Spinderella of Salt-n-Pepa, 38-year music industry veteran, Grammy-nominated Kashif, and Roberto Orci, Screenplay writer and producer, *Watchmen*, *Star Trek*, *Eagle Eye* and *Transformers*, plus several others. The free symposium, held from 12 noon to 4:30 p.m. on in the Loker Student Union Ball Room, will introduce college and high school students to some of the most powerful people in the entertainment industry – both on-stage and behind-the-scenes – and educate them on the future of the industry. High School students can register for college credit for only \$3.50! Registration is now being accepted online now at [www.homedepotcenter.com](http://www.homedepotcenter.com), click Foundation and Music, Movies and More. This symposium is only open to the first 300 who register online. Seats will go quickly, please forward to those who might be interested in attending this special opportunity. For more information contact David Gamboa, Director of Government and Community Relations at 310 243-3819 or Tamala Lewis, Home Depot Center Charitable Foundation & Community Affairs Director at 310 630-2053.

There will be an **International Service Orientation Meeting** on July 11<sup>th</sup> at La Feria Restaurant, 10903 S. Inglewood Avenue, Inglewood, 9:00 AM to noon. Topics include:

- **Matching Grants** – A workshop that answers everything you ever wanted to know about completing a Matching Grant application.
- **Ecuador 2010** – A review of the international trip to Ecuador. Obtain information about the service projects, excursions, and tours. Project itineraries for Guayaquil and Quito will be described.

A buffet breakfast will be provided for \$15 per person. Please RSVP to Joe Vasquez at [joevasquez1@verizon.net](mailto:joevasquez1@verizon.net) or SP Andrade at [sp\\_andrade@lennox.k12.ca.us](mailto:sp_andrade@lennox.k12.ca.us).

The first **District Breakfast** of the new Rotary year is on July 14<sup>th</sup> at the Westin LAX Hotel, 5400 W. Century Blvd., Los Angeles, 7:00-9:00 AM. Featured speaker will be Michael Krouse, Vice President of Marketing & Sales for the Los

### CALENDAR OF EVENTS

#### Sunday, June 28

Demotion Party @ 22<sup>nd</sup> Street Landing Seafood Grill, 241 West 22<sup>nd</sup> Street, San Pedro, 6:30 p.m.

#### Saturday, July 11

International Service Orientation @ La Feria Restaurant, 10903 S. Inglewood Ave., Inglewood, 9:00 AM to noon.

#### Tuesday, July 14

District Breakfast @ Westin LAX Hotel, 5400 W. Century Blvd., Los Angeles, 7:00-9:00 AM.

#### Friday-Saturday, July 24-25

Carson Relay For Life @ Carson High School Track, 22328 S. Main Street, Carson 5:00 p.m. to 5:00 p.m.

#### Saturday, October 3

Paul Harris Celebration Dinner @ Millender-McDonald Community Center, 801 E. Carson Street, Carson.

Angeles Convention and Visitors Bureau. He will highlight opportunities for retail, leisure, hospitality, promotional marketing and other businesses. If you are interested in attending, please RSVP to me at (310) 816-8810 or [christine.mark@pbp.com](mailto:christine.mark@pbp.com) by July 7<sup>th</sup>. The club will pay the cost of your registration; however, if you RSVP and fail to show, the cost will be charged back to you.



### LEADERSHIP AND PROFESSIONAL SPEAKING SKILLS



Jason VanderPal (left) and Dan Medina.

Our speaker today was Jason VanderPal, who comes to us from the nation's biggest music instrument retailer. A former top salesperson, Jason is the General Manager of the 40,000+ square foot flagship Guitar Center on Sunset Blvd in Hollywood. He is a professionally trained speaker

who has been chosen numerous times to address the entire management staff of Guitar Center and recently spoke to over 8,000 salespeople at the Los Angeles Convention Center.

Jason is an accomplished musician with three nationally released albums. He was also nominated for a Dove Award (of the Gospel Music Association). Today, Jason spoke to us regarding the benefits of improving our public speaking skills.

Music was a mainstream for Jason while growing up. He played the drums quite well and harbored dreams of becoming a rock star. However, reality set in when he realized how much hard work it would take to be a professional musician. Looking for another way to affect the public, Jason saw public speaking as a way to impact people positively.

At 19, he sought help from a speech coach who asked him what he wanted to get out of public speaking. Jason said he noticed that top managers were great speakers and he wanted to be a good speaker so he can have more of an impact on people. After much hard work, Jason became an accomplished speaker and was conducting speaking engagements twice a day. After attending a Bill Gove public speaking workshop (which is like the Harvard school of public speaking), it opened a world of opportunity for Jason to take public speaking to the next level.

Jason came into his current position by way of public speaking. After becoming a very effective speaker, he was asked to give a speech to his colleagues at a guitar convention that was attended by the Executive Vice President of the Guitar Center. The VP was so impressed with Jason's speech that he asked him to manage the Hollywood store four days later.

Jason noted that good speakers generally make a point which can effectively be underscored by a story. Every one of us has a story to tell and it is important to interweave the point one wants to make into the story.

Public speaking is one of the most powerful skills leaders can have. Jason gave Joel Osteen and President Barack Obama as examples of great speakers. Jason cited that 95% of people are terrified of public speaking; in fact, the #1 thing people fear is public speaking, followed by death at #2. He quoted Jerry Seinfeld who at a funeral said he would rather be in the casket than be doing the eulogy.

Public speaking is a key element of leadership. No matter how successful you already are, you can be even more successful if you improve your speaking ability. In summary, Jason said that being a good public speaker is a key to the next level of success. He endorsed the Bill Gove Speech Workshop and Toastmasters as effective tools to improving one's speaking skills.



### FINE TIME

Taking his last turn as Fine Master before assuming the posi-

tion of Club President next week, **Walter Neil** took this chance to excuse himself for being absent last week. **Kelly Stebbins** was gone last week for a trade show in Pomona. Kelly offered to pay a fine but Walter waived it because he was with his "business family", which prompted Kelly to announce that Walter "will be great President"!

**Jeremy Brown** was challenged with the Fiction & Fact Question. Faced with multiple choices, Jeremy finally managed to get the right answer after much coaxing from Walter to earn a \$5 credit.

### NEIGHBORING ROTARY CLUBS

#### Lawndale

Thursday, 12:10 PM, Best Western Hotel

#### Paramount

Tuesday, 12:10 PM, Progress Park

#### Wilmington

Monday, 12:10 PM, Banning's Landing Center



### JEOPARDY

**Trivia Question:** Who was the first president to occupy the White House?

#### June 24<sup>th</sup> in history...

**1509** - Henry VIII crowned King of England.

**1817** - First coffee planted in Hawaii on Kona coast.

**1884** - John Lynch is first black elected chairman of Republican convention.

**1963** - First demonstration of home video recorder at BBC Studios in London.

**Trivia Answer:** Construction of the White House began when the first cornerstone was laid in October of 1792. Although President Washington oversaw the construction of the house, he never lived in it. It was not until 1800, when the White House was nearly completed, that its first residents, President John Adams and his wife, Abigail, moved in. The White House has witnessed one presidential wedding, five first-family weddings, 11 births, and seven presidential funerals. Recent additions include John F. Kennedy's swimming pool, Richard Nixon's bowling alley, and Bill Clinton's running track

**Useless Knowledge:** 40% of all people at a party snoop in your medicine cabinet.



### COMEDY CENTRAL

A little girl asked her mother, "How did the human race begin?" The mother answered, "God made Adam and Eve; they had children; and so was all mankind made."

Two days later the girl asked her father the same questions. The father answered, "Many years ago there were monkeys from which the human race evolved."

The confused girl returned to her mother and said, "Mom, how is it possible that you told me the human race was created by God, and Dad said they developed from monkeys?"

The mother answered, "Well, Dear, it's very simple. I told you about my side of the family, and your father told you about his."

### UPCOMING PROGRAMS

July 1: *Club Assembly*

July 8: *Mike Herman - "Athletes in Action"*

July 15: *Caryn West - "The Trouble With The Alphabet"*

July 22: *Patrick O'Healy - "Public Speaking Plus"*

July 29: *Jana Jones - "Rotary Trip to Korea"*

